

Scrub Cap with Ties (single layer woven fabric)

(modified by Sheila Schmutz, Saskatoon

from an online pattern made by a male doctor that was much smaller, which I can't find again)

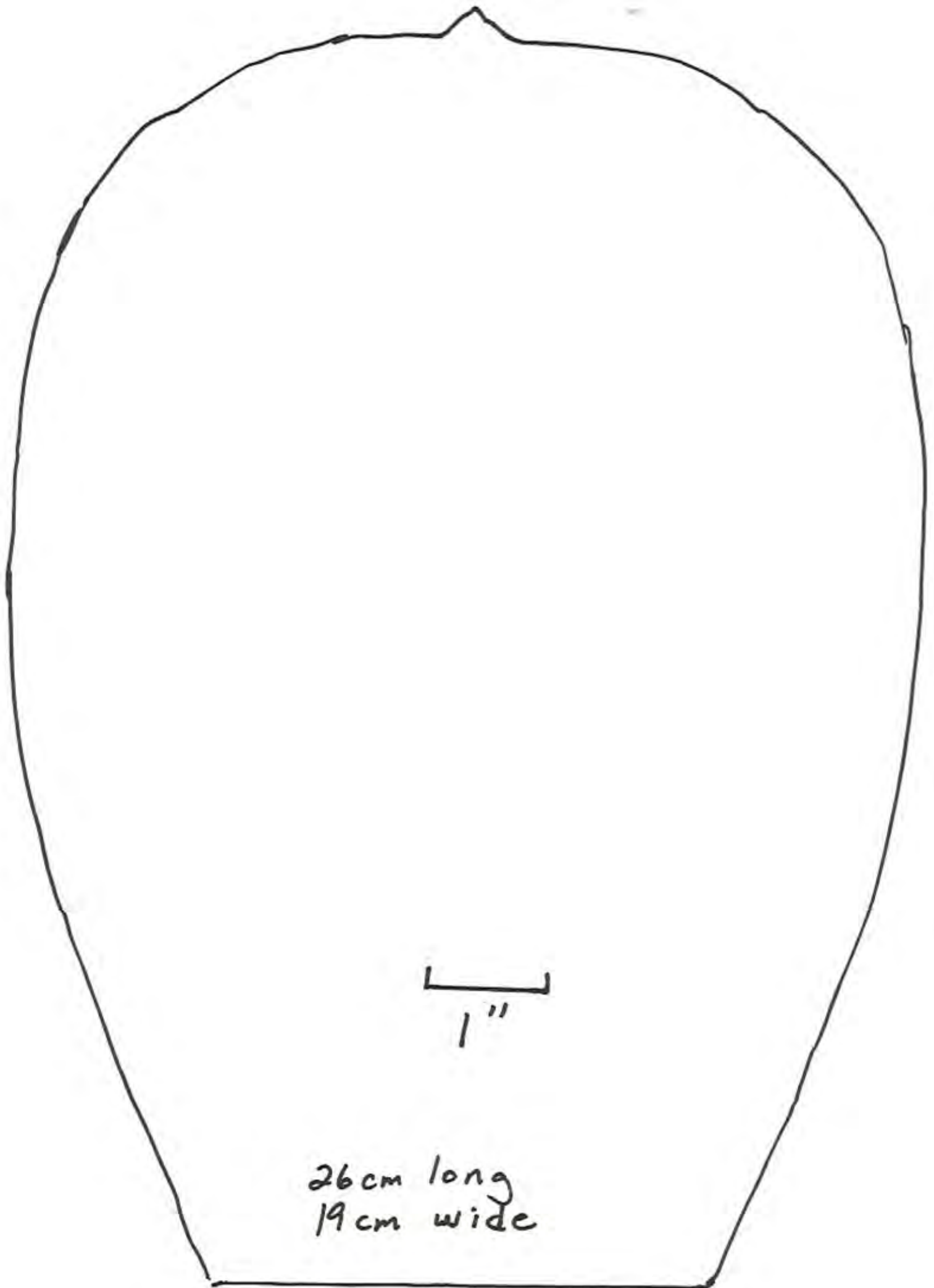


This scrub cap is unisex and was made for nurses in Saskatoon, Saskatchewan. Although they are restricted from wearing or bringing into the hospital any masks or gowns that are not “regulation”, this rule didn’t include scrub caps. It is a deep cap, that covers the ears, and hair.

Woven cotton or cotton/poly blend worked well. This pattern takes a minimal amount of fabric and can often be scraps. The side panel could be in two pieces with a seam down the wider front, but then add seam allowance when cutting.

- 1) Cut the hat pieces
- 2) Cut 44-45” of double-fold (or single-fold) wide bias tape or make your own straight tape
- 3) Overcast (zig-zag is fine) the edge of the top and the top & back edge of the side panel
- 4) Sew the side panel to the top, beginning at one back edge
- 5) Fold over the side and top back edge about ¼” and zig-zag to “finish”, if desired
- 6) Place the folded tape over the cap edge with the long ends to become the ties. Zig-zag in place. (this is quicker and apparently sturdier)

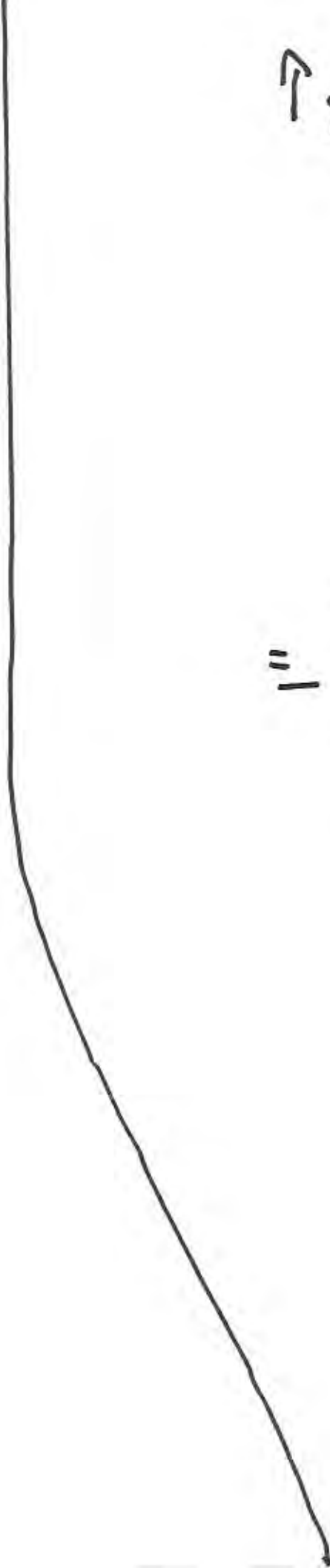
If you are donating these, it's a good idea to wash and dry them and immediately place in a zip-loc bag. I put in 10 per bag. In Saskatchewan, please ask a friend who is a nurse or doctor if they can use them before making them – and then do curbside delivery to them.



1''

26 cm long
19 cm wide

+ 44-45" double fold bias or straight tape



1"
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→
on
fold

add 1"
to
this end

↑
12.5 cm
wide
here

30.5 cm long

